**STUDY GUIDE FOR FIRST COMMUNION**

**Know:**

1. We really receive Jesus’ Body and Blood in the Holy Eucharist.
2. We celebrate Jesus’ dying and rising at Mass.
3. A person must not receive Holy Communion if he has a mortal sin on his soul.
4. What is a chalice? The cup of precious material that holds the wine that becomes the Blood of Jesus at Mass.
5. What is a paten? The plate of precious material that holds the Host, the Body of Jesus, at Mass.
6. What are the two parts of the Mass? The Liturgy of the Word and the Liturgy of the Eucharist
7. What is the beautiful box-like container in the church where the Holy Eucharist is kept? Tabernacle
8. What is the consecration? The part of the Mass when the priest changes the bread and wine into the Body and Blood of Jesus.
9. What is transubstantiation? The change of the bread and wine becoming the Body and Blood of Jesus when the priest says the words of Jesus.
10. What is grace? The life of God in our souls.
11. “Amen” means “I believe”.
12. Jesus changed the bread and wine into his Body and Blood at the Last Supper.
13. Jesus died on the cross to save us and to show how much He loves us.
14. Who leads us in the celebration of the Mass? The priest
15. After the priest consecrates the bread and wine, Jesus is truly present on the altar in His Body, Blood, Soul, and Divinity
16. When we receive the Eucharist, the priest says “The Body of Christ” and we say “Amen.”
17. We should fast for one hour before receiving Holy Communion.
18. What should we do after we receive Jesus in Holy Communion?

We should thank and adore Jesus.

19. Know and explain why you want to receive the Sacrament of Holy Communion (Eucharist).

20. Show the two ways to receive Holy Communion. On the tongue or in the hand (right hand under left hand making a throne for Jesus. Person uses right hand to pick up Jesus and put Him in the mouth).